

REPAIR OF A DISEASED ORGAN

FOREWORD. *This process has been successfully tested for several years and its effectiveness has also been verified by the global community.* Before reading about any of the treatments, you should learn about TENS (Transcutaneous Electrical Nerve Stimulator), which is equivalent to medicine, and see its characteristics by reading the corresponding file contained in this same package. You can purchase it online, just make sure that the "Stimulation Modes" include the option: "Normal or Constant." If this treatment does not cure you, you should see your treating physician.

SUMMARY

It is extremely sad to see a friend or family member suffer from a diseased or damaged organ for which **"there is currently no cure,"** and to seek or wait for a donation from a family member or person who dies and donates their organs, with unfortunately many more applicants than donors.

"According to the World Registry report, managed by the National Transplant Organization (ONT), last year 139,040 organ transplants were performed in the 79 participating countries, with the largest growth occurring in living donor kidney transplants, with an increase of 40.5%."



Figure 1. Position of the kidneys in the abdomen; they are located at the level of the navel and are about the size of a fist.

As mentioned above, the difference between finding a specific cure for a patient in any hospital in the world and an electrical treatment is that once an electrical cure process has been designed and tested and published on the internet for the whole world to see, the cure can be carried out in the patient's own home, with the help of a family member such as a housewife, if it is a simple process, 100% safe, and the cost of treatment would hardly exceed \$20.00, plus the cost of purchasing a TENS unit (approximately \$50.00), a minimal amount compared to the current cost, and within the reach of all families worldwide.

"So, instead of looking for a donor for a kidney or any other organ, you would repair your own with electrical treatment, a viable alternative available to everyone."

"This type of treatment to repair diseased organs has already been achieved in the recovery of the brain in cases of CNS diseases or the restoration of the auditory nerve in people with diabetes, etc., which are very complex and delicate organs."

TREATMENT.

"This is extremely simple compared to others of the same type, as it only requires stimulating the kidneys by passing a small current through them for 30 minutes a day for two weeks, evaluating kidney function, and if they are still not working properly, letting the person rest for a week and repeating the initial treatment again."

This same treatment can be applied to any destroyed or malfunctioning organ.

MATERIALS NEEDED:

- A. Two duplex cables and a TENS***
- B. 8 to 12 pads measuring 5 x 10 cm or 4 x 8 cm.***

CURRENT INTENSITIES:

Place the pads in the position shown in figure 2 and increase the current using the TENS knob until you can feel it; once you reach that point, turn the knob slightly in the opposite direction, reducing the intensity until you can no longer feel it, and leave it in that position – ***"That is the intensity required for the 30-minute treatment."***

Note: If you do not wish to use the duplex cable, then place the pads on one kidney for 30 minutes and then move them to the other kidney for another 30 minutes.

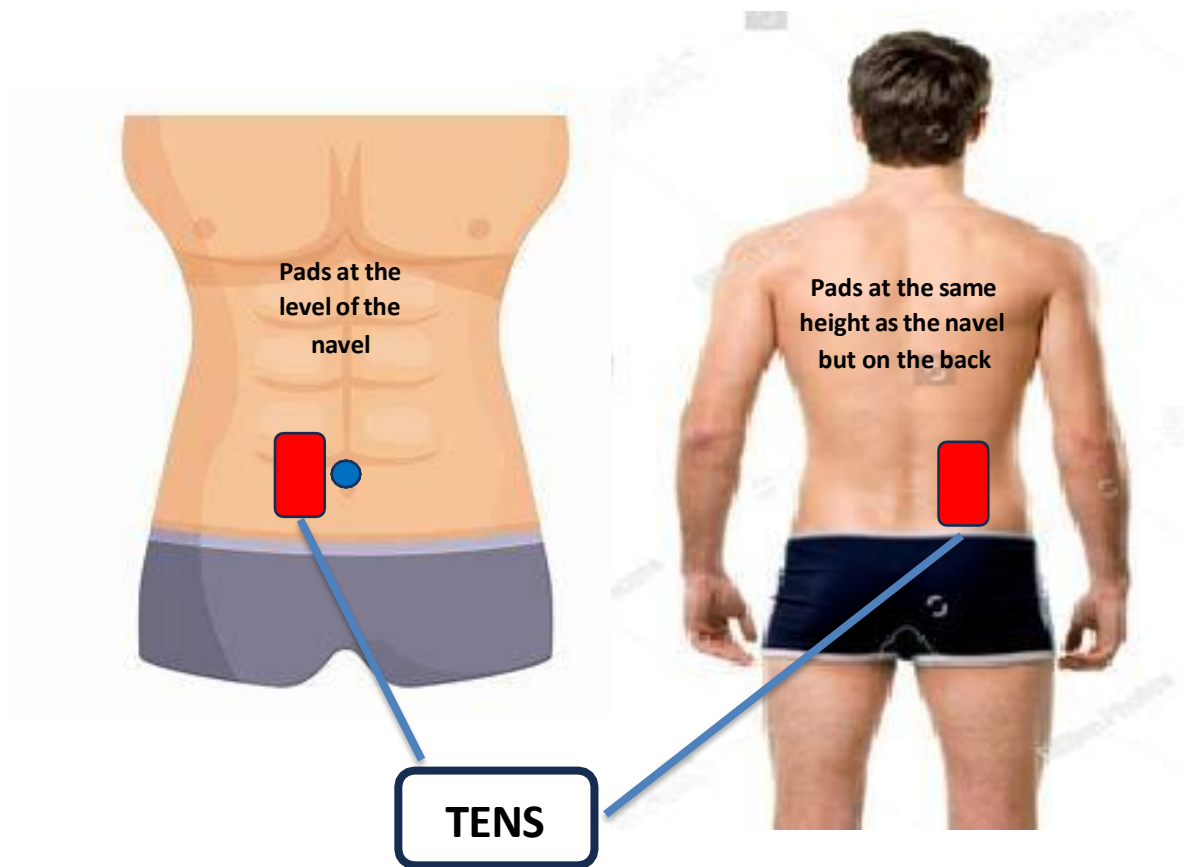
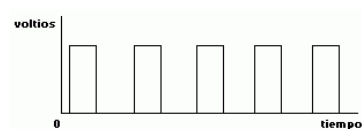


Figure 2. Pad placement for kidney treatment. Do the same for the other side.

FEATURES OF A TENS

INTRODUCTION

A TENS is a signal generator normally used to relieve pain or massage muscles to tone a part of the body. The device is approved by the FDA (APTA, 1990) as safe to use at any of the intensities incorporated in the device, and there are different brands on the market.



The relevance of the device in broader fields for humanity began personally 15 years ago in the "Electrical Treatment of Diseases (TEE)" project. There are different brands and manufacturers of TENS devices, including American, German, Russian, Chinese, etc. Their price ranges from \$650.0 to \$1,300.0 Mexican pesos (1 DOLLAR = \$17.0 on the date: 3/6/2024). They can usually be found online, and the sales sites can be found by typing the words "TENS electrical stimulator" (transcutaneous electrical neurostimulator) into Google. See, for example: www.amazon.com, www.mercadolibre.com, www.temu.com, etc. When buying a TENS device, it is important to look at its features and see if it is suitable for electrical treatment. Some are used only for muscle stimulation and do not have the generation mode called **Constant, Normal, or Continuous**, which is a mode in which the signal generated is a train of pulses of equal magnitude, as shown in Figure 1, and is ideal for the treatment of diseases. If the specifications do not indicate that it has this **mode**, you should not buy it.

IMAGE AND FEATURES OF A TENS

POWER AND INTENSITY KNOB.

These are located on the top of the TENS unit; the device is turned on and the current intensity is increased by turning the knob clockwise

clockwise, and the intensity is decreased and the device is turned off by turning it counterclockwise until you hear a click.

As can be seen in Figure 2, a TENS device actually contains two identical signal generators, each of the two knobs on the top controls one of them.

You will never need to use both sides or TENS at the same time!

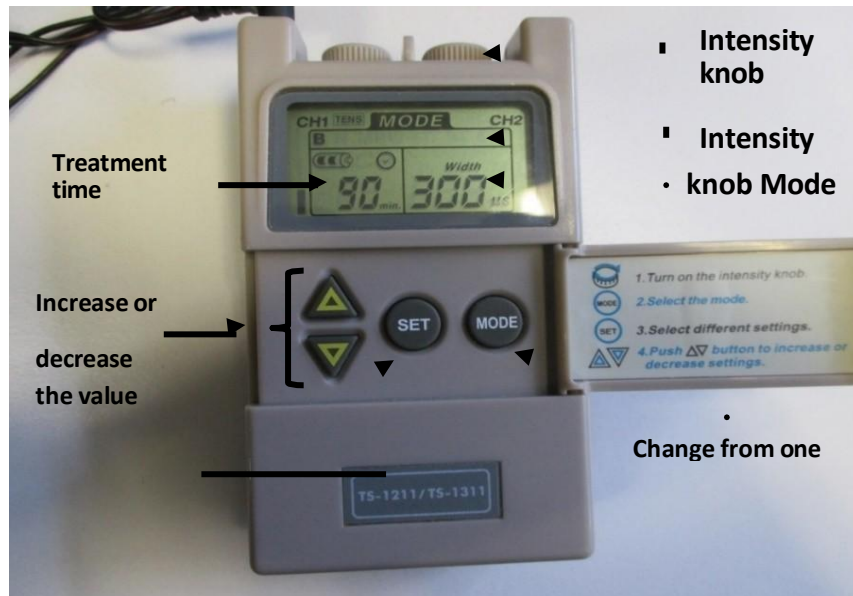


Figure 2. Image of commercial TENS units

TENS CONTROLS

As can be seen, it contains two sections, one with visual displays and the other with buttons. Each of these will be described briefly and simply:

VISUAL SCREEN

MODE:

This refers to the type of stimuli that the TENS can generate: **CONTINUOUS (NORMAL OR CONSTANT)**; which is used in all treatments), **MODULATION**, **SD1**, **SD2**, etc., are other **MODES** for different purposes, depending on the user's preferences.

To set this MODE, press the **MODE** key repeatedly until the name of the signal type appears in the upper window; continue pressing until the required mode (**NORMAL OR CONSTANT**) appears and press the **SET** key. This will save it in the memory of your TENS and it will be activated every time you turn on your device.

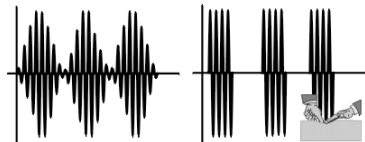


Figure 3. Shape of the pulses sent by a TENS device according to the selected MODE

Below this screen there are two others containing the following:

- **Pulse width**, which should be set to its maximum value (3,000 microseconds) using the up or down arrow keys.

Signal frequency. This should also be set to the maximum designed value (r normally 150 hertz) using the up or down arrow keys.

"Both parameters are of little significance to the user or sick person, so once they have been saved, they should be forgotten."

- **Stimulation time.** This small window, located at the bottom of the device, allows you to set a stimulation time each time you apply a treatment; For example, if you set 10 minutes, the TENS will operate continuously for 10 minutes and then automatically turn off. *It* will not send any signals, although ***it will remain on internally***, so you must turn it off using the intensity knob at the top to prevent the battery from draining. So press the **MODE** button until this window flashes and use the up and down keys to set the number 10.

Figure 1(b) shows the square pads; they come in different sizes and shapes: circular, rectangular, etc., depending on the use for which they are required. The most important thing to remember is that the gel on the black part wears out quickly and should not be used once it is worn out, as it causes pain or itching, and if you continue to use it in this state, it could cause skin cancer. It should also not continue to be used if it has been in contact with any type of microbe or infected wound.

Frequency (Hertz). *This refers to the number of times the same signal (pulse) is generated in one second.*

Milliampere (mA). *This is a unit used to measure the amount of electrons circulating between two pads. For example, in the electric chair used to execute criminals, 2 to 4 amperes were used; each ampere has 1,000 milliamps, so 2,000 to 4,000 milliamps (mA) were used, which are very high amounts compared to those used in electrical treatments for all diseases, which are approximately 5 mA.*

"With these parameters set, you no longer need to repeat the process; even if you turn off your TENS unit, when you turn it back on, the parameters you selected will be automatically set for you."

To start training with your TENS unit, disconnect the cable from the pads and turn it on by turning the knob until you hear it click; turn it until it reaches the maximum or upper limit and then decrease it until it turns off completely. Do this until your mind adapts to both directions: increasing and decreasing the intensity. Repeating this simple process can save you a lot of headaches. You can then place a pair of pads on your forearm or calves and feel the different **MODES** that the TENS sends by pressing this knob to different

positions. This will give you more experience when you need to use it for an illness.

The TENS signal is painful if applied at high intensities, but if done as indicated in each treatment, raising the intensity slightly until the signal is perceived and then lowering it slightly so that it is not perceived, and leaving it at that value, then the treatment will be painless.